



KETO PORK RIND PUPPY CHOW RECIPE:

KETO PORK RIND PUPPY CHOW INGREDIENTS:

- 3.5 oz (4 cups) [Pork Rinds](#)
- 1/2 Cup All Natural Peanut Butter
- 1/4 Cup [Coconut Oil](#)
- 4 Tbsp Butter
- 12 drops [Liquid Stevia](#)
- 3 Tbsp [Unsweetened Cocoa Powder](#)
- 1/8 tsp Vanilla Extract

KETO PORK RIND PUPPY CHOW DIRECTIONS:

1. Melt [coconut oil](#), butter, and peanut butter in a small saucepan (or microwave)
2. Mix in cocoa powder, [stevia](#), and vanilla
3. Pour [pork rinds](#) into freezer bag and pour chocolate over pork rinds.
4. Seal the bag and toss to coat
5. Place in the fridge to cool for 30 minutes - 1 hour
6. Enjoy!

NUTRITION INFORMATION FOR KETO PORK RIND PUPPY CHOW:

This is for 1 1/2 cup serving (makes 8)

Calories: 285

Total Fat: 25g

Cholesterol: 33mg

Sodium: 337mg

Potassium: 0mg

Carbohydrates: 4g - 2g Fiber = 2 NET CARBS

Dietary Fiber 2g

Sugars: 1g

Protein: 12g